

AASHTARA – TERMS & CONDITIONS

Last Updated: December 2025

Welcome to Aashtara. By accessing or using our website, products, services, sessions, events, digital downloads, memberships, or global speaking offerings (“Services”), you agree to the following Terms & Conditions (“Terms”).

Please read them carefully.

If you do not agree to these Terms, please discontinue use of our website and Services.

1. OVERVIEW

Aashtara provides conscious parenting education, books, children’s mindfulness tools, courses, coaching sessions, programs, global speaking, online events, and digital products.

These Terms govern all purchases, bookings, downloads, interactions, and use of our Services.

By engaging with Aashtara, you acknowledge and accept:

- personal responsibility for your choices
 - open, conscious communication
 - honesty and respect in all interactions
 - commitment to your own emotional, spiritual, healing and parental development
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2. ELIGIBILITY

By using our Services, you confirm that you are:

- at least 18 years old,
 - legally able to enter into agreements, and
 - using our Services for lawful purposes only.
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3. INTELLECTUAL PROPERTY

All content on Aashtara.org — including books, eBooks, text, videos, meditations, graphics, courses, programs, branding, and digital downloads — is the exclusive intellectual property of Aashtara.

You may not:

- copy
- redistribute
- resell
- share
- reproduce
- modify
- upload to any platform

any content without our **written permission**.

Access is granted **for personal use only** unless you are enrolled in an authorised certification program.

4. PURCHASES & DIGITAL DOWNLOADS

All sales of:

- eBooks
- paperbacks
- courses
- programs
- meditations
- digital downloads
- templates
- toolkits
- online content
- pre-recorded material

are **final and non-refundable**.

Once a digital product is purchased, you will receive immediate access or download links. You are responsible for ensuring your device, software, and internet connection support the content.

Refunds are not offered for:

- change of mind
- perceived value
- lack of use
- incorrect purchase
- technical issues on your device
- inability to download due to personal settings

If you experience access issues, we encourage you to contact us at support@ashtara.org for assistance.

5. SESSIONS, COACHING & GLOBAL SPEAKING BOOKINGS

Booking any session — including:

- conscious parenting
- sacred relationships coaching
- narcissism recovery support
- emotional healing
- global speaking
- workshops
- online classes
- live events or retreats

constitutes agreement to the following:

5.1 Non-Refundable Policy

All sessions, events, and speaking engagements are **non-refundable**, including but not limited to:

- missed appointments
- cancellations
- changes of availability
- personal circumstances
- change of mind

5.2 Rescheduling

Rescheduling is not guaranteed.

We may offer rescheduling **at our discretion**, but are not obligated to do so.

5.3 Responsibility

You acknowledge that:

- coaching and guidance support transformation but are not a substitute for professional medical, legal, or psychological services
 - results vary from person to person
 - you are fully responsible for your decisions, emotional responses, and actions
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6. EVENTS, MEMBERSHIPS & COURSES

6.1 Access

All event tickets, memberships, programs, and courses are **non-refundable** and **non-transferable**.

Access may include:

- private community groups
- brand ambassador rights
- livestreams
- replays
- group coaching
- exclusive resources
- members-only content

6.2 Revocation of Access

We reserve the right to remove access without refund if a participant:

- is disruptive
- behaves abusively
- violates confidentiality
- breaches intellectual property rules
- threatens the safety or peace of the community

This ensures a safe, conscious space for all members.

7. NO GUARANTEE OF RESULTS

Aashtara does not guarantee:

- specific outcomes
- financial success
- healed relationships
- parenting behaviour changes
- psychological results
- improved circumstances

Your transformation depends on your openness, dedication, emotional readiness, and consistent practice.

8. COMMUNICATION, AWARENESS & RESPONSIBILITY

By engaging with Aashtara you agree to:

- communicate honestly
- ask for clarity when needed
- approach teachings with emotional maturity
- take responsibility for your own interpretation and application
- understand that spiritual work requires personal accountability

We maintain open, compassionate, and conscious communication with all clients and expect the same in return.

9. LIMITATION OF LIABILITY

To the extent permitted by law, Aashtara is not liable for:

- any indirect, incidental, or consequential damages
- emotional distress triggered during healing or inner work
- decisions made as a result of coaching, sessions, or teachings
- changes to availability, pricing, or content
- delays or access issues related to technology or internet

You engage with our Services voluntarily and at your own discretion.

10. CHANGES TO TERMS

We may update these Terms at any time.

Continued use of Aashtara.org indicates acceptance of the updated Terms.

11. CONTACT

For support, questions, or assistance, please contact:

 aashtaraorg@gmail.com

 www.aashtara.org

We are here to support you through open, conscious, and respectful interaction.